



2016 SEC SWIMMING AND DIVING CHAMPIONSHIPS

February 16-20 • Columbia, Mo. • Mizzou Aquatic Center
Day Three Quotes and Notes

Sydney Pickrem (Texas A&M), Women's 400 IM

"It was amazing to finish 1-2-3. That's what meant the most to me – not the winning, it was the standing on the podium with two teammates that swim next to you every day. We all train 4-IM and 2-IM together and we're always racing. Every day it's back and forth, back and forth. To be that close, all three of us, and to get on the podium together is amazing."

Jay Litherland (Georgia), Men's 400 IM

"Winning the 400 IM means a lot to me. We put in so much hard work and training, and getting to race these guys is awesome. It really was a great race for everyone. After the breaststroke, I was (2.68 seconds) behind and I didn't know if I could catch up. I was kind of blacking out toward the end, but I saw him and I knew I wanted to do it for the Bulldogs."

Sarah Gibson (Texas A&M), Women's 100 Fly

"Coming from more of a distance background than most of the girls that do the 100 fly, I knew I had to go out with them even though that's not really my strength. I knew I could finish the race, so I knew if I could go out and hang with them that I'd have the chance to come back and be able to finish. I got to the end of it and I closed my eyes. I saw Beryl (Gastaldello) out there and I knew it was going to be one of us I just didn't know which."

Caeleb Dressel (Florida), Men's 100 Fly

"That was my goal, to go out quick and see what I had left, and I thought it worked out pretty well. It was definitely nice to be under 45 for the first time, it was a nice swim."

Kahlia Warner (Florida), Women's 3-Meter

"I had a strong prelims toward the end, I had a shaky start so I really needed to get things together, and I did. My goal for finals was to hit every dive. I wouldn't say I hit every dive like I wanted to but the ones that I did hit, I got nines on some."

Brittany MacLean (Georgia), Women's 200 Free

"Having Meagan Raab right there with me was awesome, we were just trying to get the team back on top. Everyone is giving their all, we're ready to fight the next two days."

Matias Koski (Georgia), Men's 200 Free

"I knew I had to be out a lot faster than this morning. Racing the guys next to me like Mitch (D'Arrigo) and Hugh (Morris), I knew they would be out fast, so I had to respond to that. It worked out pretty well and I was able to bring it home like I do in training."

SEC Records

- Men's 100 Fly - Caeleb Dressel (44.80)

Mizzou Aquatic Center Records

- Women's 400 IM - Sydney Pickrem (4:05.32)
- Men's 400 IM - Jay Litherland (3:40.33)
- Men's 100 Fly - Caeleb Dressel (44.80)
- Women's 200 Free - Brittany MacLean (1:43.64)

Winners By School (Through Day Three)

Florida (8) - Kahlia Warner (Women's 1-Meter, Women's 3-Meter); Men's 200 Medley Relay; Men's 800 Free Relay; Pawel Werner (Men's 500 Free); Caeleb Dressel (Men's 50 Free, Men's 100 Fly); Men's 200 Free Relay

Georgia (6) - Women's 800 Free Relay; Brittany MacLean (Women's 500 Free, Women's 200 Free); Olivia Smoliga (Women's 50 Free); Jay Litherland (Men's 400 IM); Matias Koski (Men's 200 Free)

Texas A&M (4) - Sam Thornton (Men's 3-Meter); Lisa Bratton (Women's 200 IM); Sydney Pickrem (Women's 400 IM); Sarah Gibson (Women's 100 Fly)

Tennessee (3) - Women's 200 Medley Relay; Mauricio Robles Rodriguez (Men's 1-Meter); Women's 200 Free Relay

Auburn (1) - Joe Patching (Men's 200 IM)

Team Notes

Florida - Kahlia Warner become the first female diver to sweep the springboards at SECs since South Carolina's Allison Brennan in 2006 ... Caeleb Dressel set the SEC 100 fly mark with a 44.80 ...

Georgia - Jay Litherland won the men's 400 IM for the first time in his career. ... It was Georgia's fourth consecutive and 10th overall win in the men's 400 IM

LSU - Kara Kopcsó set her fourth LSU school record in the 100 fly, the most by any Tiger swimmer ... Logan Rysemus set the LSU men's 100 fly record.

Missouri - Michael Chadwick broke his own 200 free school record with a 1:34.11 in finals.

South Carolina - Tomas Peribonio set South Carolina's 400 IM record with a 3:45.26 in prelims